



# Time2Share

SUPPORTING DISABLED CHILDREN, YOUNG PEOPLE AND THEIR FAMILIES



Annual Report  
**2013-2014**

Registered Charity No: 1068862

# Chairperson's Report 2013 – 2014: Pat Cadey

I am pleased to report that Time2Share has continued to build on the success of previous years and we have maintained and expanded our services in the Bristol, Bath and North East Somerset areas.

We have successfully tendered for a new three year contract in the Bath and North East Somerset area for both our befriending service and our group work. At a time when our families are struggling, this gives some reassurance that the help they receive will continue, when so many services have had their funding cut.

During the summer of 2013 we successfully delivered a new Bristol Holiday Activities scheme which benefited around 52 young people. Feedback was extremely positive with young people already looking forward to the next scheme .

With the ever growing number of groups being delivered Rachel Smyth our Project Worker took up the post of Group Coordinator. Amy Little, our Bristol Area Coordinator, went on maternity leave in March 2014 and Jessie Agnew settled in to cover the Bristol area.

Our website [www.time2share.org.uk](http://www.time2share.org.uk) has been updated and offers information to both families and volunteers. It provides an attractive insight into the work of our charity.

Fund raising has been particularly successful, as well as a lot of fun. A team of volunteers took part in the Bristol Dragon Boat Race which raised in excess of £6,000 and a concert was put on by the Bath Gospel Choir which raised over £1800. A scheme distributing collection boxes to local firms, provided an opportunity for

employees to donate any unwanted Christmas gifts, providing many and varied raffle prizes at Time2Shares Christmas party.

I became aware of the fantastic work being undertaken by the charity when my son Laurie became a befriender whilst at college some 12 years ago. The decision to become a Trustee was an easy one for me. As a nurse, foster parent, nanny and parent, I have looked after children, some with special needs, my whole life. I have watched my God-daughter Suzie, who has Down's syndrome, grow into a lovely confident young lady. I saw at first hand the struggle that her parents have had to enable her to become an independent member of the community, and to get her the help she needed.

Just over two years ago my



own family welcomed a new baby, Ruby. Just before Christmas 2012 she was diagnosed with Angelmans syndrome. Ruby will need 24 hour care for the rest of her life. She may not talk at all, but may have just a few words. She may not walk, although we hope that with the right support she will.

Ruby is a beautiful child with a

permanent smile, who we all love completely. We are all committed to making her the best that she can be. Life for the family is not easy as she has difficulty feeding, and often wakes in the night. Her parents are frequently exhausted with the constant demands that are made on them as they struggle with Ruby's profound disabilities, as well as caring for a lively growing family.

Their situation has been made easier by Alice, their Time2Share volunteer. Alice looks after Ruby and her siblings regularly, to allow Mum and Dad to have a little time to themselves to recharge their batteries and find the energy to face the demands of the week ahead. Alice has become a great friend of the whole family and everyone looks forward to her visits.

I now have a really personal

**“I enjoy spending time with the family. It’s been exciting seeing Ruby grow and learn new things. I can’t make the world of difference but I can make a little bit of difference and make things easier.”**

*(Alice, Ruby’s volunteer)*

experience of the service that Time2Share provides. I am totally committed to do my very best to make sure that the charity is in safe hands as we strive to make life a little better for every family that seeks our help.

*Pat Cadley*

*Pat Cadley*

*Chairperson, Time2Share*

# Chief Executive Officer's Report: Jackie Williams

Over the past year we have remained focussed on our core activities. We have continued to deliver the volunteer befriending scheme across Bristol, Bath and NE Somerset and we have continued to run a range of different groups for disabled young people across the area.

Over the year we supported 95 children and young people through the befriending scheme and finished the year with 84 volunteers linked with individual children. Time2Share befriending volunteers spent a total of 5,673 hours supporting young people to have fun and pursue their own interests within their local community.

Groups have continued to grow and there were over 150 sessions throughout the year, enabling young

people to make new friends and sustain existing friendships outside of school and college.

With funding from Bristol City Council we have also been able to run 14 days of holiday activities. This is a new project and has provided support during what can be a very stressful time for all parents.

All our activities are designed to provide a short break for parents / carers and to benefit the whole family. Many families struggle to cope with the physical and emotional demands of caring and the sense of isolation that comes from being 'different'. A number of families have more than 1 disabled child. Feeling that you are not alone can make a huge difference.

Families say that they just want

to be able to have an ordinary life. As a charity we are committed to contributing to this and enabling parents and young people to feel that they belong to a community of support where they and their children are valued and can belong.

Our staff, our Trustees and our volunteers all play an essential part in making this happen, as do the organisations and individuals who support our activities financially.

One of the best things about my job is having a lot of reasons to say "Thank You!"



*Jackie Williams*  
Chief Executive Officer

# Befriending in Bath: Sharing Interests

Harry is 15. He lives in Bath and has Asperger's Syndrome. He is a very mature young man with an enquiring mind who has a wide range of interests, including local history, old coins, map reading, walking and gardening.

**“Time2Share is a wonderful organisation that has enabled my son to socialise with like minded people. He has a befriender which is marvellous for us, this gets him out of the house and improves his social skills (especially conversational skills) with someone other than his Mum and Dad.”**

*(Harry's Mum)*

Andrew, his volunteer, is retired and had some time on his hands. He saw an article about Time2Share in the Bath Chronicle in January 2013. After giving the idea some serious thought he applied to become a befriender in July. He was linked with Harry in September and since then they have met up three or four times a month to play chess, go walking and map reading, carry out science

experiments, build 3D jigsaws, play board games and chat. They have also attended the Time2Share fundraising quiz night with Andrew's wife and attended the Time2Share New Year party together.

Harry is now able to enjoy going out independently. He likes spending time with someone who has similar interests and his Mum gets a regular break that she can rely on.



# Volunteering in Bristol: Changing Lives

Our dedicated group of volunteers in Bristol have shared 2547 hours of their time with Time2Share's children and young people in 2013-14. They have done a huge range of different activities – everything from bird watching and gardening at the local community orchard to baking cakes and going to Truckfest – and of course computer gaming!

Volunteer befrienders come from a wide range of backgrounds and different age groups. Over the year we supported an average of 28 links across the city and our volunteers made a total of 728 visits. We are really pleased that we are now recruiting more male volunteers to link with teenage boys.

Amy Little started as a volunteer with Time2Share and was our Bristol Co-ordinator from December

2012 to March 2014. She left in March 2014 to have her baby, Erin and Jessie Agnew has taken over the Co-ordinator role.

We've taken the opportunity to ask Amy about her involvement with Time2Share.

"I started volunteering for Time2Share in 2008. It all happened very quickly as I enquired in the week and there was a training course that weekend. There was also a young person in my area that needed a befriender so I was linked within a few weeks."

## **Why did you volunteer with Time2Share?**

"I really wanted to volunteer and when I found Time2Share it struck a chord with me. Having grown up with a brother with cerebral palsy I was very aware of how disability

can affect young people and their families. I wanted to do something that might make things easier for a family and also thought that working with young people could be something I'd like to do in the future. I wanted to use my spare time to help others and to better myself."

## **Why did you apply for the Co-ordinator role?**

"I couldn't believe my luck when the co-ordinator role came up. I had been volunteering, accessing training and working in various roles to hopefully be able to take on a job like this and I was at a point where I felt all this hard work had actually paid off and I was ready! I knew this would be a job I would love."

“Dan really enjoys spending time with his volunteer and loves going to the orchard. He can't wait until the next time comes round again and is always asking about it. We are all over the moon.”

**What did you enjoy about your Co-ordinator role?**

“For me the most wonderful thing about my role was linking volunteers and young people that really connected. Just before I left I made a match that I truly believe will go on for a lifetime. From feedback I know that the relationship has been life changing for everyone involved, especially the young person. Now that's something to get up for in the morning! I love the fact that I



was raising awareness every time I spoke to someone about my job and that I could be truly proud of what I did and who I worked for.

It is also very good for the soul to be reminded on a daily basis how many kind and generous people there are in the world.”

“The volunteers that support Time2Share are the reason we can achieve so much. In Bristol there are so many awesome people willing to give up their time and befriend, work at groups or fundraise.”

### **What have you got out of your involvement with Time2Share?**

“I have gained so much from my involvement with Time2Share - skills, knowledge, confidence and friends. Most importantly I have gained a much better understanding of the challenges faced by disabled young people and their families in society today. With this understanding I hope to be able to help make positive change in society in the future. Due to my youth work background and qualification I also had the opportunity to work at Time2Share’s

**“Our volunteer has been a life changer – having a male volunteer has made such a huge difference. They do “boy things” and my son loves it.”**

groups for young people. I mostly worked at the dinner groups in BANES where I cooked with young people on a Friday night. It was so lovely being able to spend so much time with the young people that Time2Share exists for and I will miss this very much.”

### **Will you continue to have contact with Time2Share in the future?**

“I absolutely intend to continue my involvement with Time2Share

in the future. I will keep using Easyfundraising when I shop online - how brilliant to be able to raise money for the charity by just doing what I always do? I also hope to become more involved as a volunteer when I have more time - maybe even a trustee!”

“It has been a life changing experience working for Time2Share. Time2Share is an amazing charity. It really is inspiring to see how much a small charity can achieve with the right people driving things forward. “

“I want to send the best of wishes to all my families. I will miss you so much and I feel sad to be saying goodbye. I hope this won’t be the last of my time with you. I also want to thank my amazing volunteers for all of the time and heart you put into your roles. You truly are amazing. Thank you.”





**“Whenever I ask Lily if she wants to go to Time2Share she is always very keen and says a big ‘Yes!’ It’s brilliant that she’s out and about with her friends and doing things independently. I can relax, knowing that she’s safe and secure with staff who know her.”**

**“Time2Share is a friendly and kind organisation. The service and the idea of what you do is absolutely fantastic.”**

**“I just wanted to say a massive thank you for all you do and all the clubs you provide are amazing...”**

# Befriending in N E Somerset: Time to Chat

Mollie is 16 and lives in Saltford. She wanted a volunteer who was cool and would share her interest in art. She also wanted someone to go shopping with and generally hang out.

Mollie met her new volunteer Sue in March 2013 and since then they have met up every week. They do a lot of different things, including going out for a hot chocolate, going to the cinema and going out for trips.

Sue says “I have been befriending for Time2Share for 18 months and I have been matched with Mollie for all of that time. When we meet up, which is for a couple of hours once a week, we may go out for a hot chocolate and a chat, or go for a walk or do some sketching together or just stay in and play on the wii or playstation, but the most important thing is that I am there for

her. Sometimes Mollie will confide in me, or tell me about something which is troubling her that she would like advice about. All of Mollie’s school friends’ homes are not local to her so they rarely get the chance to meet up outside of school which is very isolating for them.”

My late husband had lifelong mobility problems which meant that he missed out a lot during his childhood, and I know that both he, his siblings, and his parents would have benefitted by him having a befriender. That is the reason that I chose Time2Share as the charity I wanted to help.

When I first met Mollie and her lovely family, I was warmly received and they were all very appreciative that I wanted to give up my time. Mollie is a bright, friendly and endearing young lady

but her confidence in herself and her abilities is holding her back from developing her independence and social skills.

Gradually I am seeing some growth in Mollie’s confidence as she makes small steps into the big wide world. With the love and support of her family that she so clearly has, it can only continue.”



**“It’s going alright.”**

*(Mollie)*



**“Sue has been coming once a week for over a year. This is fantastic and really makes a difference - having someone I can trust knowing that Mollie is safe and having fun.**

**Mollie is growing in confidence as a result of spending time with Sue. She looks forward to Sue coming. They have a really good relationship. I know Mollie confides in her and she trusts her. She has never let her down, which is great.”**

*Mollie's Mum, Sally*

# Out and About with the Time2Share Groups

Over the past year Time2Share has run a range of group activities for disabled children and young people in Bristol, Bath and NE Somerset. The groups are an opportunity for young people to hang out together, develop independence and do things that interest them in a relaxed and safe environment. In 2013- 2014, we delivered 152 group sessions and 14 holiday activity days which were attended by 150 young people.

Most of our groups meet at the

weekend so also give parents a bit of a break at a time when they need it most. We are really pleased to say that from April 2014 Bath and N E Somerset will be funding a new group for young people aged 19 – 21. This is great news for those young people who are reaching the upper age limit of the existing groups as it will enable them to continue to meet up regularly and sustain existing friendship groups which have become an important part of their lives.

**“My daughter attends the Friday night Midsomer Norton group. It is a great, local club for her as it allows her to enjoy time with existing and new friends whilst in a safe environment. She enjoys doing things independently of myself and her family and Time2Share enables this.”**

**“I like the clubs especially the cooking club because I get to cook the food and help prepare it. I also like the skittles group because I get to meet all my friends and I like going out. If I could I would go to them every day. The helpers are friendly and I like talking to them. They listen to my problems and make me laugh.”**

**“I like meeting friends here because I like talking to them and laughing.”**

# Group activities in Bath and N E Somerset



**“This is the first time he has attended a group without myself and he really enjoys it. My son is made to feel very welcome and I’m sure this comes across to him and this is why he’s happy there. A small step but a massive challenge for him. Thanks to Time2Share he has this social group to attend where he’s not judged just accepted.”**

In Bath and North East Somerset, we have run groups for young people aged 14 – 19 and also an 18+ group. These have included Friday night dinner groups in Bath and Midsomer Norton where young people cook and eat together; skittles at the pub in Radstock; trips to the cinema in Bath and Longwell

Green; and regular sessions at the PC gaming cafe in Radstock, Wireworld. We are committed to running activities across the whole of the NE Somerset area so that young people are able to access groups in their local area.

The 18+ group in Bath and NE Somerset has continued to meet

fortnightly on a Friday night. Each month the group meets up to plays skittles at the pub, and once a month goes out to do different activities chosen by the group members. This year outings have included a canal walk, a boat trip, a theatre trip, meals out and a walk in the woods.



**“After more than 6 years with the group I feel like I know everyone really well. I enjoy being out and about with the guys and hearing what’s going on in their lives – their successes and challenges. Everyone gets a chance to socialise in a safe way and feel supported and accepted. If I wasn’t involved with the 18+ group I would miss the feeling that I’m giving something back.”**

*Barney, 18+ Group Leader*

**“He enjoys attending the 18+ group. It allows him to make new friends and socialise in a safe environment with amazing support from Time2Share staff and volunteers. He also has the chance to take part in various different activities that he wouldn’t get the chance to do otherwise. The groups give my son nights out to look forward to. It’s safe to say with no doubt he has got a fuller social life thanks to Time2Share ...”**



# Group Activities in Bristol

The Zookah! group for young people with Aspergers syndrome has continued to meet in Bristol three times a month on a Friday evening. Young people are involved in planning their own activities and choose to do a lot of different things – including Laserquest, archery, crazy golf and trips to the cinema. The group has grown over the year and there are now over 20 young people who attend regularly, some of whom have been coming since the group started over 7 years ago.

The Bristol Junior Group started in March 2013 with funding from Awards from All. Through ongoing fundraising efforts the group has continued to meet twice a month in N Bristol, once for skittles on a Tuesday evening and once a month on a Sunday afternoon, providing a weekend break for carers.

**“Joe benefits from Zookah and the holiday activities by having the opportunity to spend time with his friends and get to meet new people without me there ‘cramping his style’! It has improved his self-confidence and independence no end and it’s great to see these young people interacting in age appropriate activities. Staff are so welcoming and relaxed. They really are interested in our young people which is great.”**





# Bristol Holiday Activities – new for 2013

In the summer of 2013 we received funding from Bristol City Council to run a new holiday activity scheme offering trips and venue based activities for 8 – 20 year olds in Bristol. We received confirmation of funding in early July and within 6 weeks we were able to plan and deliver 10 days of activities during the summer holidays and a further

day in each of the other 4 school holidays. The scheme was a big success with 47 disabled young people and 5 non-disabled siblings attending. We had an average of 23 young people attending each day and did an exciting range of trips and activities – including a day at the local community garden in Horfield.

**“Thank you for making this an enjoyable holiday, instead of an isolated, slightly depressing period. It provided them with a perfect balance of fun/ social time and quiet relaxation at home.”**

**“I think groups are fun and exciting because you get to play with lots of different people.”**

**“I think groups are fantastic.”**



# Treasurer's Report 2013 - 2014: Tim Knowles

## Overview

For the year ending 31 March 2014, Time2Share received income of £147,271. This is an increase of £23,277 (18.8%) compared to the previous financial year and reflects the development of a Junior Group in Bristol for 10 -14 year olds as well as the Bristol Holiday Activity scheme. Both initiatives have been a resounding success and have enabled us to expand the support we offer to families in the Bristol area.

We operated with a small net surplus for the year of £2,838 which follows a small deficit for the previous year of £2,543.

The overall back-drop for the finances of the charity continues to be one of core funding from BANES and Bristol City Council with top up fundraising and grants from local community funds.

## Fundraising

**Fundraising activity is now critical to the ongoing and future success of Time2Share.**

During the past 6 years our fundraising income has increased from £5,207 (year ending 31 March 2009) to £32,436 (year ending 31 March 2014), an increase of 523%.

This has enabled us to offer an increased variety of activities for our service users (principally through growing the number of youth groups) and the Trustees are in the process of developing this further through the implementation of a fundraising sub-committee. Anyone from the wider Time2Share 'family' is welcome to join this group and we are always appreciative of any offers of support. Please contact the office if you would like to get involved.



**Community fundraising has been particularly successful as well as a lot of fun. A team of volunteers took part in the Bristol Dragon Boat Race which raised over £6,000 and a concert was put on by Bath Community Gospel Choir which raised over £1800.**

## Statement of financial activities (incorporating income and expenditure account) for the year ended 31 March 2014

	Unrestricted Funds £	Restricted Funds £	Total Funds 2014 £	Total Funds 2013 £
<b>Incoming resources</b>				
<i>Incoming resources from generated funds</i>				
Voluntary income	24,381	7,807	<b>32,188</b>	17,044
Investment income	248	-	<b>248</b>	1,011
<i>Incoming resources from charitable activities</i>				
Grants receivable	114,835	-	<b>114,835</b>	105,939
<b>Total incoming resources</b>	<b>139,464</b>	<b>7,807</b>	<b>147,271</b>	123,994
<b>Resources expended</b>				
<i>Charitable expenditure</i>				
Charitable activities	133,972	8,046	<b>142,018</b>	123,978
<i>Governance costs</i>				
Governance activities	2,415	-	<b>2,415</b>	2,559
<b>Total resources expended</b>	<b>136,387</b>	<b>8,046</b>	<b>144,433</b>	126,537
<b>Net income / (expenditure)</b>	3,077	-239	<b>2,838</b>	-2,543
<b>Total funds at 1 April 2013/12</b>	82,377	239	<b>82,616</b>	85,159
<b>Total funds at 31 March 2014/13</b>	<b>85,454</b>	<b>0</b>	<b>85,454</b>	82,616

The Charity has no recognised gains or losses other than the results for the year as set out above. All incoming resources and resources expended are derived from continuing activities. Copies of the full Financial Statement for the year ended 31 March 2014 can be obtained from our office.

## Time2Share would like to thank the following for their support

The Ambling Band, Bristol  
 ASDA Cribbs Causeway  
 Avon and Somerset Constabulary  
 The Baily Thomas Trust  
 Bath and N E Somerset Council  
 Bath City Football Club  
 Bristol City Council  
 Bristol Race Night – Michelle Lawrence  
 Burges Salmon LLP  
 First Group  
 The Williamson Home Fund  
 Jo Sercombe and the Bath Community Gospel Choir  
 John Lewis Partnership  
 The Kings of Wessex Academy, Cheddar  
 Mike Swift, Keynsham Lights Display  
 Oldfield Park Baptist Church  
 Pensford Ladies Group  
 Paul Sinclair and the ASDAN team  
 Quartet Community Foundation Catalyst Fund  
 Rolls Royce PLC  
 Simplyhealth  
 Smith and Williamson  
 St. John's Hospital, Bath  
 Wessex Water

We would also like to thank the many individuals and local businesses who have supported our community fundraising efforts through donations, gifts in kind and time. Space is limited and we are not able to thank you all individually.

A special mention to the amazing Dragon Boat team and everyone who supported our Christmas Box Scheme.



**“It allows the children to explore relationships with someone outside of the immediate family, and develop some independence too.”**



Time2Share is a registered charity and company limited by guarantee registered in England and Wales.

#### **Address**

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#### **Bankers**

CAF Bank  
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#### **Independent Examiner**

Ed Marsh ACA DChA  
Burton Sweet Chartered Accountants  
Pembroke House  
15 Pembroke Road  
Clifton, Bristol BS8 3BA

#### **Trustees 2013-2014**

Pat Cadey  
Will Oulton (resigned 28/05/13)  
Tim Knowles  
Ruth Butcher  
John Dolton  
Eric Broussine  
Jacob Butterly (resigned 30/07/13)  
Paul Barnett  
Judy Carter  
Frances Kalappadi



Bath & North East  
Somerset Council

